



# Golden Cap

## 4 Mile Circular Walk

- **Distance:** 6.5km / 4 miles
- **Time:** 1.5 - 2.5 hours
- **Elevation Gain:** 299m
- **Difficulty:** Challenging
- **Accessibility:** There are many steps on this walk which cannot be avoided. No styles, several kissing gates. Steep ascent and descent up and down Golden Cap, with a moderate ascent and descent on the return route inland.
- **Parking:** Paid parking at Seatown Carpark (DT6 6JU) – £5 per car, card and cash accepted.

### Step 1 (1km)

Cross the small wooden bridge leading out of the car park and turn right onto the road. Follow Sea Hill Lane towards Chideok, following the South West Coast Path diversion signs. Take care of traffic. Just after the holiday park, you will see a low stone wall on your left, with a gate and a signpost for Golden Cap. Turn left here.

Follow the SW Coast Path over a small wooden footbridge and across the field, with the sloping form of Golden Cap ahead of you. Pass through a kissing gate and cross another footbridge to walk through the copse. Head through two more gates and onto the steps. Time to start climbing!

### Step 2 (1.1km)

The trail is clear (and steep!), leading straight forwards until you reach a wooden bench next to a fingerpost. Although the sign for Golden Cap is pointing straight ahead, the path actually veers left past the bench.

Shortly after the bench, you'll go through another gate to emerge into an open field. The way up Golden Cap is clear before you, so follow the grass path straight across the field, through another kissing gate, and begin your ascent proper.

You'll pass through another gate and emerge onto the back of the hill, reaching a fingerpost where the coast path meets the track from Langdon Hill. Follow the coast path sign through another gate and up some steps which will curve around to reach the top of the hill. At the stone waymarker, take either of the two paths leading forwards until you reach the stone sign that says Golden Cap.

### Step 3 (0.2km)

When you're ready to press on, follow the SW Coast Path (there is a small stone trail marker) as it zig-zags down the other side of the hill via a long steep staircase.

When you come to a wooden gate, the SW Coast Path carries on straight towards Charmouth ahead of you. However, for the Golden Cap circular walk, head diagonally right across the field following the signpost for St Gabriel. Take care as it is a steep descent.

### Step 4 (1.2km)

At the bottom of this field follow the signpost left through the hedgerow to find the ruins of St Gabriel's Chapel.

Follow the path through a large wooden gate then a red brick farmhouse on your left.



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With the red brick building behind you, follow the track out and then immediately take the gate on your right, signposted for Langdon Hill Car Park. Follow the dirt stone path until you reach another wide wooden gate leading into St Gabriel's Wood. At the next wooden gate, where a left turn points towards Morecombelake, continue straight following the Langdon Hill Car Park signs through the woodland.

### Step 5 (0.5km)

When you emerge from the woods via a wide wooden gate, the track curves to the left but the signpost points forward. Follow this and head forwards directly up the hill along the edge of the field, through a hedgerow, and along the edge of the second field where you will see a large wooden gate and a fingerpost in the top right-hand corner.

This emerges to the left of Filcombe Farm. Cross the lane and head through another wooden gate to climb uphill along the edge of another field towards Langdon Hill woods.

Once you reach the woods, turn right and follow the track gently downhill along the edge of the woods.

### Step 6 (2.5km)

After the path curves left around the bottom of the woods you will reach a fork. Take the right-hand path (signposted Golden Cap) and head downhill a short way until you reach a wooden kissing gate. Turn left here following the sign for Seatown. Keep straight on this path following signs for Seatown and ignoring any turnoffs.

Eventually, the path widens out. Continue forwards along the wide, obvious track with a view of the tall cliffs east of Seatown ahead of you, until you reach Sea Hill Lane.

Turn right onto the road, taking care of traffic as there are no pavements, and follow it back down through Seatown to the Carpark.

